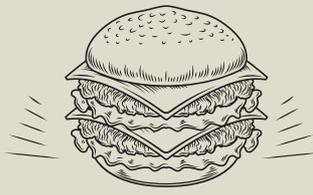


MENU



the BURGERS

All served in a toasted brioche bun, tomato relish, baby gem, sliced beef tomato and gherkin finished with onions and Cow Shed burger sauce and with skin on fries.

All of our burgers can be served naked with extra salad and no bun.

THE COW SHED	two 6oz 100% beef patties, double streaky bacon, double cheddar cheese, two onion rings	£17
CLASSIC	6oz patty. All the trimmings	£11
JOE LE TAXI	6oz beef patty, smoked bacon, cheddar cheese.	£12.50
BLUE MONDAY	6oz beef patty, smoked bacon, blue cheese.	£12.50
EL DIABLO	6oz beef patty, jalapeno relish, grilled padron peppers, gooey cheese and roasted garlic mayo	£13
FOGHORN LEGHORN	salt & pepper crispy lemon chicken with coriander mayo	£12
THE SMOKING PIG	smoked pulled pork, house slaw, BBQ sauce	£12
CHICKEN LICKEN	Chipotle chicken burger with smashed avocado	£13
MR RUSHDIE	Herby breadcrumb salmon fillet burger with rocket	£13
THE LIONEL	Crispy halloumi burger, pickled slaw, mango chutney & chilli garnish	£12.50



STRAIGHT UP
Smoked pork dog, American mustard, served with fried onions.
£10

the
DOGS
served with fries

DIRTY DOG
Smoked pork dog topped with hot beef chilli, jalapenos and cheddar cheese, topped with fried onions.
£12



DOLLAR DOG
Smoked pork dog, smoked bacon, blue cheese and fried onions.
£12

a bit of THE OTHER

NEW! BBQ RIBS

BBQ Rack of ribs & skin on fries
£14.50

LOADED NACHOS

Tortilla chips loaded with melted cheddar, finished with fresh salsa guacamole and sour cream.
£10

COD & CHIPS

7oz beer-battered cod fillet, chips, mushy peas, tartare sauce and a wedge of lemon.
£12

BIG BBQ PULLED PORK NACHOS

Tortilla chips loaded with melted cheddar, bbq pulled pork, fresh salsa and guacamole.
£12.50

CHUNKY CAJUN CHICKEN NACHOS

Tortilla chips loaded with melted cheddar, cajun chicken, fresh salsa and guacamole.
£12.50

soft TACOS £12

3 open mini tortilla wraps filled with your choice of **BBQ PULLED PORK, CAJUN CHICKEN, CRISPY GRILLED COD OR SPICED FALAFEL (vg)** and loaded with salsa and guacamole (choose up to 3 fillings)

loaded FRIES

CHEESE & BACON Skin on fries loaded with melted cheddar cheese and smoked bacon and mixed pickles **£7**

BBQ PULLED PORK Skin on fries loaded with slow cooked bbq pulled pork melted cheese and jalapenos **£8**

Our house slaw, Cow Shed sauce, guacamole & fresh salsa are ALL HOME MADE

WINGING it

CHICKEN WINGS

classic buffalo spicy or BBQ wings **£6**

PANKO CAULIFLOWER WINGS

buffalo spiced or plain vg **£5**

MAC N CHEESE

CLASSIC - gooey & cheesy **£6**

FULLY LOADED with BBQ pulled pork, crispy onions and cheese fondue **£7.50**

small PLATES

Skin-on fries (v/vg) **£3.50**

Stuffed jalapenos (v) **£5**

Halloumi & pea fritters (v) **£6**

Halloumi fries (v) **£5.50**

Pickled onion rings (v) **£2.50**

Satay skewers - chicken or halloumi pieces coated in a spicy peanut sauce (v) **£7.50**

BBQ piri piri prawns **£8.50**

Salt and pepper squid with coriander mayo **£6**

Bread and olives with olive oil & balsamic **£8**

the SALAD £10

Bed of mixed leaves, cherry tomatoes, radish, beetroot, quinoa, roasted red pepper and avocado with home made garlic crouton sticks (vg) and house coriander vinaigrette

Add

Grilled chicken **£2**

Halloumi **£2**

Tuna Steak **£3.50**



VEGAN CORNER

100% Cow Shed 0% Cow

THE COW SHED VEGAN BURGER Two plant-based patties, double vegan bacon, double vegan cheese, two onion rings. **£16**

MOVING MOUNTAINS BURGER 6oz plant-based patty, vegan cheese and roasted red peppers. **£12.50**

FALAFEL BURGER spiced with coriander, paprika and chilli served with pickled slaw and sriracha. **£11**

VEGAN DOG Plant-based dog, American mustard and ketchup served with fried onions. Served with fries. **£10**

VEGAN CHEEZE DOG Plant-based dog topped with vegan chilli and vegan cheese, finished with fried onions. Served with fries. **£11**

LOADED FRIES skin on fries loaded with vegan chilli and cheese. **£7**

VEGAN NACHOS Tortilla chips loaded with melted vegan cheese, fresh salsa and guacamole. **£9**

Add 3 bean chilli for £2.

**PLEASE ORDER AT THE BAR
WITH YOUR TABLE NUMBER**

(YOU'LL FIND YOUR NUMBER ON THE CANDLE BOTTLES)

Kitchen opens daily from 12.00 noon - 9pm

(v) - vegetarian

(vg) - vegan

Food Allergies and Intolerances

All of our food may contain allergens.

We cannot guarantee a 100% allergen free environment. Please ask for dietary and allergen information.

Payment We accept debit/credit cards

Gratuities are not included and are at your discretion



Kid-sized portions.

All £6

Mini beef burger & fries

Fish goujons & fries

Mini Mac 'n' Cheese

the
**COW
SHED**

31a Marine Parade, Worthing, West Sussex

T. 01903 233556

www.cowshedworthing.co.uk

Visit our sister venues

THE COW & OAK

67 Brighton Road, Worthing, West Sussex

T. 01903 238888

www.cowandoakworthing.co.uk

NUMBER 24

24-25 Marine Parade, Worthing, West Sussex

T. 01903 532753

www.number24worthing.co.uk

Get social

f @cowshedworthing

f @thecowandoakworthing

ABOUT US

We moved to Worthing in 2014 with a dream of running a bar by the sea and we are proud to be part of Worthing's unique and vibrant independent bar and pub scene.

The Cow Shed opened its retro-industrial doors in 2015.

The menu there includes gourmet burgers, mac 'n' cheese and hotdogs washed down with a fabulous range of cocktails, gins, craft beers and quality wines. All within a stone's throw of the beach with the best window seats in town, overlooking the award winning Worthing Pier. From family lunches to late night Espresso Martinis, the Cow Shed welcomes everyone including the littlest and furriest family members.

The Cow Shed's big sister, **The Cow & Oak** joined the family in Summer 2018, bringing life back to the once much loved 1930s pub with the iconic green roof. The Cow & Oak is a traditional pub with a contemporary edge. Come for a Sunday roast and a pint of real ale by the fire or on long summer days, share one of our delicious platters on the south facing terrace with a cold G&T.

Number 24 joined the ranks in Summer 2020, it's the perfect family seafront spot for a coffee, drinks, delicious local icecream and light bites.

Our vision was simple, to create places to eat and drink that we would want to go with our friends and family... we are glad you could join us and hope to see you again soon.

Sarah and Lee